<table>
<thead>
<tr>
<th>Monday 1st October</th>
<th>Tuesday 2nd October</th>
<th>Wednesday 3rd October</th>
<th>Thursday 4th October</th>
<th>Friday 5th October</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Soup of the day</strong></td>
<td><strong>Soup of the day</strong></td>
<td><strong>Soup of the day</strong></td>
<td><strong>Soup of the day</strong></td>
<td><strong>Soup of the day</strong></td>
</tr>
<tr>
<td>Tomato &amp; Pesto</td>
<td>Spicy Sweet Potato</td>
<td>Pea &amp; Mint</td>
<td>Sweet Potato</td>
<td>Vegetable</td>
</tr>
<tr>
<td>Small £1.30 Large £1.90 V GF</td>
<td>Small £1.30 Large £1.90 V GF</td>
<td>Small £1.30 Large £1.90 V GF</td>
<td>Small £1.30 Large £1.90 V GF</td>
<td>Small £1.30 Large £1.90 V GF</td>
</tr>
<tr>
<td><strong>Main Course</strong></td>
<td><strong>Main Course</strong></td>
<td><strong>Main Course</strong></td>
<td><strong>Main Course</strong></td>
<td><strong>Main Course</strong></td>
</tr>
<tr>
<td>Swedish Meatballs, Celeriac</td>
<td>Chicken Tikka, Lentils, Spinach &amp; Rice</td>
<td>Sweet &amp; Sour Pork with Stir-Fried Vegetables &amp; Noodles</td>
<td>Pasticcio Greek Style Lasagne &amp; Salad</td>
<td>Fish of the Day, Chips &amp; Tartare Sauce</td>
</tr>
<tr>
<td>&amp; Spinach Rice £3.95</td>
<td>£3.95</td>
<td>£3.95</td>
<td>£3.95</td>
<td>£3.95</td>
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<tr>
<td><strong>Vegetarian Option</strong></td>
<td><strong>Vegetarian Option</strong></td>
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<td><strong>Vegetarian Option</strong></td>
<td><strong>Vegetarian Option</strong></td>
</tr>
<tr>
<td>Moroccan Chickpea Stew</td>
<td>Aubergine Caponata &amp; Pasta</td>
<td>Broccoli &amp; Cauliflower Cheese Pasty &amp; Salad</td>
<td>Tomato, Dill, Olive &amp; Feta Orzo Bake &amp; Salad</td>
<td>Mediterranean Vegetable Pasta &amp; Salad</td>
</tr>
<tr>
<td>with Rice £3.10</td>
<td>£3.10</td>
<td>£3.10</td>
<td>£3.10</td>
<td>£3.10</td>
</tr>
<tr>
<td><strong>Jacket Potatoes Available</strong></td>
<td><strong>Jacket Potatoes Available</strong></td>
<td><strong>Jacket Potatoes Available</strong></td>
<td><strong>Jacket Potatoes Available</strong></td>
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<tr>
<td><strong>Sides</strong></td>
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<td><strong>Sides</strong></td>
</tr>
<tr>
<td>Jacket Potatoes</td>
<td>Medley of Vegetables</td>
<td>Medley of Vegetables</td>
<td>Medley of Vegetables</td>
<td>Medley of Vegetables</td>
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<tr>
<td>Baked Beans 50p</td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Baked Beans</td>
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<tr>
<td><strong>Hot Deli</strong></td>
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<td><strong>Hot Deli</strong></td>
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<tr>
<td>Chilli Beef with a Jacket</td>
<td>Ham &amp; Cheese Toasties &amp; Thin Fries</td>
<td>Sausage Roll, Pickle &amp; Potato Wedges</td>
<td>Moroccan Fish with Couscous Pomegranate &amp; Harissa</td>
<td>Pulled Gammon, Pickle in a Floured Bap &amp; Chips</td>
</tr>
<tr>
<td>Potato £2.95</td>
<td>£2.95</td>
<td>£2.95</td>
<td>£2.95</td>
<td>£2.95</td>
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<tr>
<td><strong>Something Sweet</strong></td>
<td><strong>Something Sweet</strong></td>
<td><strong>Something Sweet</strong></td>
<td><strong>Something Sweet</strong></td>
<td><strong>Something Sweet</strong></td>
</tr>
<tr>
<td>Fruit Trifle £1.30</td>
<td>Eton Mess</td>
<td>Trifle</td>
<td>Banoffee Pudding</td>
<td>Bread &amp; Butter Pudding £1.30</td>
</tr>
<tr>
<td><strong>Jacket Potatoes Available</strong></td>
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<td><strong>Sides</strong></td>
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<tr>
<td>Peas</td>
<td>Medley of Vegetables</td>
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<td>Peas</td>
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<td><strong>Hot Deli</strong></td>
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<td>**Pulled Gammon, Pickle in a Floured Bap &amp; Chips £2.95</td>
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<tr>
<td>Moroccan Fish with Couscous Pomegranate &amp; Harissa</td>
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<tr>
<td><strong>Vegetarian Option</strong></td>
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<tr>
<td>Mediterranean Vegetable</td>
<td>Pasticcio Greek Style Lasagne &amp; Salad</td>
<td>Tomato, Dill, Olive &amp; Feta Orzo Bake &amp; Salad</td>
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<td>Mediterranean Vegetable Pasta &amp; Salad</td>
</tr>
<tr>
<td>Pasta &amp; Salad £3.10</td>
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<td>£3.10</td>
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</tr>
</tbody>
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Coffee Shop open in the CIE 08.00 – 16.00