

WEEKLY MENU

WEEK BEGINNING

28th April

BEGBROKE
SCIENCE PARK
Café | Restaurant

MONDAY 28th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Pork and Green Peppers in
Black Bean Sauce with Rice
£5.55

VEGETARIAN OPTION
Spinach and Feta Frittata
with Wedges and Salad
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

TUESDAY 29th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Beef, Red Wine and
Mushroom Pie with Crushed
Baby Potatoes
£5.55

VEGETARIAN OPTION
Creamy Vegetable and Tofu
Pie with Crushed Baby
Potatoes
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

WEDNESDAY 30th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Jerk Chicken Leg with Rice,
Peas and Rainbow Slaw
£5.55

VEGETARIAN OPTION
Macaroni Cheese with Green
Salad and Garlic Bread
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

THURSDAY 1st

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Handmade Cheeseburger
with Relish, Green Salad,
Slaw and Curly Fries
£5.55

VEGETARIAN OPTION
Chickpea and Coriander
Burger with Relish, Green
Salad, Slaw and Curly Fries
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

FRIDAY 2nd

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Battered Pollock with Chips,
Peas, Lemon Wedge and
Tartare Sauce
£5.55

VEGETARIAN OPTION
Cauliflower and Broccoli
Mornay topped with Cheese,
Breadcrumbs and Chips
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information
please speak to a member of the team.
Adults need around 2000kcal a day.

