

WEEKLY MENU

WEEK BEGINNING

12th May

BEGBROKE
SCIENCE PARK
Café | Restaurant

MONDAY 12th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Chicken, Bacon and
Mushroom Pasta Bake with
Garlic Bread and Salad
£5.55

VEGETARIAN OPTION
Spinach and Mushroom
Pancakes with Wedges and
Salad
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

TUESDAY 13th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Provençal Pork Escalope
with Baby Potatoes and
Broccoli
£5.55

VEGETARIAN OPTION
Spicy Bean Burrito with
Mixed Salad and Slaw
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

WEDNESDAY 14th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Beef Stroganoff with Rice
and Fresh Vegetables
£5.55

VEGETARIAN OPTION
Butterbean and Mushroom
Stroganoff with Rice and
Fresh Vegetables
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

THURSDAY 15th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Chicken and Vegetable Pie
with Baby Roast Potatoes
and Carrots
£5.55

VEGETARIAN OPTION
Mushroom and Nut
Wellington with Baby Roast
Potatoes and Carrots
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

FRIDAY 16th

DAILY FRESH HOT SNACKS
available
From £3.00

MAIN COURSE
Smoked Haddock and Spring
Onion Fish Cakes
£5.55

VEGETARIAN OPTION
Handmade Cheese and
Onion Puff Pastry Slice
£5.55

Freshly Made Cake or
Dessert Pot, Yoghurt and
Fruit Pots
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information
please speak to a member of the team.
Adults need around 2000kcal a day.

