WEEKLY MENU

WEEK BEGINNING

16th June



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 th	17 th	18 th	19 th	20 th
DAILY FRESH HOT SNACKS	DAILY FRESH HOT SNACKS	DAILY FRESH HOT SNACKS	DAILY FRESH HOT SNACKS	DAILY FRESH HOT SNACKS
available	available	available	available	available
From £3.00	From £3.00	From £3.00	From £3.00	From £3.00
MAIN COURSE Lamb Moussaka served with Garlic Bread & Mixed Leaf Salad £5.55	MAIN COURSE Cottage Pie with a Potato & Leek Top £5.55	MAIN COURSE BBQ Pulled Pork served with Wedges & Sweet Chilli Coleslaw £5.55	MAIN COURSE Green Thai Chicken Curry served with Coconut Rice, Thai style Vegetables & Prawn Crackers £5.55	MAIN COURSE Fish Finger Ciabatta served with Chips, Lemon, Handmade Tartare Sauce & Mixed Leaf Salad £5.55
VEGETARIAN OPTION Vegetable Chilli served with Steamed Rice, Tortilla Chips & Sour cream £5.55	VEGETARIAN OPTION Lentil & Vegetable Cottage Pie with a Potato & Leek top £5.55	VEGETARIAN OPTION Aubergine Parmigiana Burger served with Wedges & Sweet Chilli Coleslaw £5.55	VEGETARIAN OPTION Tofu Thai Green Curry served with Coconut Rice, Thai Style Vegetables & Prawn Crackers £5.55	VEGETARIAN OPTION Mushroom, Spinach & Tomato Pizza served with Chips & Mixed Leaf Salad £5.55
Choice of Freshly Made	Choice of Freshly Made	Choice of Freshly Made	Choice of Freshly Made	Choice of Freshly Made
Cake, Dessert Pot, Yoghurt	Cake, Dessert Pot, Yoghurt	Cake, Dessert Pot, Yoghurt	Cake, Dessert Pot, Yoghurt	Cake, Dessert Pot, Yoghurt
Pot or Fruit Pot	Pot or Fruit Pot	Pot or Fruit Pot	Pot or Fruit Pot	Pot or Fruit Pot
From £2.00	From £2.00	From £2.00	From £2.00	From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.









For allergy and nutritional information please speak to a member of the team. Adults need around 2000kcal a day.

