

WEEKLY MENU

WEEK BEGINNING

9th February



MONDAY 9th

**Daily Fresh Hot
Snacks and
Soup of the Day**
From £3.00

MAIN COURSE

Chicken Provencal served
with Baby Potatoes,
Broccoli and Cauliflower
£5.55

VEGETARIAN OPTION

Spinach and Chickpea
Curry served with
Steamed Rice,
Poppadum's and Mango
Chutney
£5.55

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

TUESDAY 10th

**Daily Fresh Hot
Snacks and
Soup of the Day**
From £3.00

MAIN COURSE

Minced Beef and Potato
Pie served with Sauté
Potatoes and Sliced
Carrots
£5.55

VEGETARIAN OPTION

Spanakopita served with
Sauté Potatoes and Mixed
Leaf Salad
£5.55

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

WEDNESDAY 11th

**Daily Fresh Hot
Snacks and
Soup of the Day**
From £3.00

MAIN COURSE
ALL DAY BRUNCH

VEGETARIAN OPTION
ALL DAY BRUNCH

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

THURSDAY 12th

**Daily Fresh Hot
Snacks and
Soup of the Day**
From £3.00

MAIN COURSE

Chilli Con Carne served
with Steamed Rice, Tortilla
Chips and Sour Cream
£5.55

VEGETARIAN OPTION

Tagliatelle served with a
Broccoli and Mushroom
Sauce, Garlic Bread, Green
Beans and Parmesan
Cheese
£5.55

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

FRIDAY 13th

**Daily Fresh Hot
Snacks and
Soup of the Day**
From £3.00

MAIN COURSE

Breaded Scampi served
with Chips, Lemon Wedge,
Handmade Tartare Sauce
and Garden Peas
£5.55

VEGETARIAN OPTION

Tomato and Basil Pizza
served with Chips and
Mixed Leaf Salad
£5.55

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information
please speak to a member of the team.
Adults need around 2000kcal a day.

