

WEEKLY MENU

WEEK BEGINNING

22nd June



MONDAY 22nd

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50 - £4.50

MAIN COURSE

Pork and Pepper Fajita's served with Spicy Rice, Shredded Iceberg, Grated Cheddar, Guacamole and Sour Cream
£5.95

VEGETARIAN OPTION

Lentil Cottage Pie served with Sliced Carrots and Savoy Cabbage
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

TUESDAY 23rd

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50 - £4.50

MAIN COURSE

Sliced Gammon served with Fried Egg, Chips and Baked Beans
£5.95

VEGETARIAN OPTION

Spicy Bean Burrito served with Mixed Leaf Salad and Coleslaw
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

WEDNESDAY 24th

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50 - £4.50

MAIN COURSE

Jerk Spiced Chicken Leg served with Potato Wedges and Rainbow Slaw
£5.95

VEGETARIAN OPTION

Battered Halloumi served with Sweet Chilli Dip, Potato Wedges and Buttered Sweetcorn
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

THURSDAY 25th

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50 - £4.50

MAIN COURSE

Lamb Keema Curry served with Mushroom Rice, Mint Raita and Poppadum's
£5.95

VEGETARIAN OPTION

Macaroni Cheese served with Cherry Tomato and Rocket Salad and Garlic Bread
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

FRIDAY 26th

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50 - £4.50

MAIN COURSE

Battered Pollack served with Chips, Lemon, Handmade Tartare Sauce and Mushy Peas
£5.95

VEGETARIAN OPTION

Red Thai Vegetable Curry served with Wild Rice, Poppadum's and Mango Chutney
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information please speak to a member of the team. Adults need around 2000kcal a day.

