

# WEEKLY MENU

WEEK BEGINNING

29th June



## MONDAY 29th

**Daily Fresh Hot Snacks and Jacket Potatoes**  
From £3.50 - £4.50

### MAIN COURSE

Chicken Provencal served with Baby Potatoes, Broccoli and Cauliflower  
£5.95

### VEGETARIAN OPTION

Spinach and Chickpea Curry served with Steamed Rice, Poppadum's and Mango Chutney  
£5.95

**Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot**  
From £2.00

## TUESDAY 30th

**Daily Fresh Hot Snacks and Jacket Potatoes**  
From £3.50 - £4.50

### MAIN COURSE

Lamb Moussaka served with Greek Salad and Warm Pitta Bread  
£5.95

### VEGETARIAN OPTION

Spanakopita served with Sauté Potatoes and Mixed Leaf Salad  
£5.95

**Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot**  
From £2.00

## WEDNESDAY 1st

**Daily Fresh Hot Snacks and Jacket Potatoes**  
From £3.50 - £4.50

### MAIN COURSE

BBQ Pulled Pork Bap served with Curly Fries and Coleslaw  
£5.95

### VEGETARIAN OPTION

Handmade Bean Burger in a Bap served with Curly Fries and Coleslaw  
£5.95

**Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot**  
From £2.00

## THURSDAY 2nd

**Daily Fresh Hot Snacks and Jacket Potatoes**  
From £3.50 - £4.50

### MAIN COURSE

Chilli Con Carne served with Steamed Rice, Tortilla Chips and Sour Cream  
£5.95

### VEGETARIAN OPTION

Tagliatelle served with a Broccoli and Mushroom Sauce, Garlic Bread, Green Beans and Parmesan Cheese  
£5.95

**Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot**  
From £2.00

## FRIDAY 3rd

**Daily Fresh Hot Snacks and Jacket Potatoes**  
From £3.50 - £4.50

### MAIN COURSE

Breaded Scampi served with Chips, Lemon Wedge, Handmade Tartare Sauce and Garden Peas  
£5.95

### VEGETARIAN OPTION

Tomato and Basil Pizza served with Chips and Mixed Leaf Salad  
£5.95

**Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot**  
From £2.00

**Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.**



For allergy and nutritional information please speak to a member of the team. Adults need around 2000kcal a day.

