

WEEKLY MENU

WEEK BEGINNING

3rd August



MONDAY 3rd

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Pork and Leek Sausages
in Onion Gravy served with
Crushed Baby Potatoes
and Savoy Cabbage
£5.95

VEGETARIAN OPTION

Roasted Vegetable
Lasagne served with
Mixed Leaf Salad and
Garlic Bread
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

TUESDAY 4th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Chicken Madras served
with Coconut and
Coriander Rice,
Poppadum's and Mango
Chutney
£5.95

VEGETARIAN OPTION

Spinach and Potato
Frittata served with
Roasted Baby Potatoes
and Mixed Leaf Salad
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

WEDNESDAY 5th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Quiche Lorraine served
with Baby Potatoes and
Mixed Leaf Salad
£5.95
Cheese Burger and Chips
£5.20

VEGETARIAN OPTION

Creamy Vegetable
Pancakes served with
Baby Potatoes and Mixed
Leaf Salad
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

THURSDAY 6th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Chicken Souvlaki served
with Warm Pitta Bread,
Mixed Salad, Tzatziki and
Sweet Potato Fries
£5.95

VEGETARIAN OPTION

Sweet Potato and
Cauliflower Curry served
with Rice, Poppadum's and
Mango Chutney
£5.95

**Choice of Freshly Made
Cake, Dessert Pot, Yoghurt
Pot or Fruit Pot**
From £2.00

FRIDAY 7th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Battered Pollack served
with Chips, Mushy Peas,
Lemon Wedge and
Handmade Tartare Sauce
£5.95

VEGETARIAN OPTION

Creamy Mushroom Pasta
Bake served with Peas
and Garlic Bread
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information
please speak to a member of the team.
Adults need around 2000kcal a day.

