

WEEKLY MENU

WEEK BEGINNING

10th August



MONDAY 10th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Creamy Chicken, Bacon
and Sweetcorn Puff Pastry
Topped Pie served with
Mashed Potatoes and
Garden Peas
£5.95

VEGETARIAN OPTION

Creamy Vegetable Puff
Pastry Topped Pie served
with Mashed Potatoes
and Garden Peas
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

TUESDAY 11th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Beef Lasagne served with
Garlic Bread and Mixed
Leaf Salad
£5.95

VEGETARIAN OPTION

Spinach and Mushroom
Lasagne served with
Garlic Bread and Mixed
Leaf Salad
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

WEDNESDAY 12th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Hunters Chicken Breast
served with Potato
Wedges and Broccoli
Florets
£5.95

VEGETARIAN OPTION

Sweet and Sour Tofu
served with Wild Rice and
Green Beans
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

THURSDAY 13th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Roast Loin of Pork served
with Apple Sauce,
Stuffing, Roast Potatoes
and Savoy Cabbage
£5.95

VEGETARIAN OPTION

Red Lentil and Pepper
Loaf served with Roast
Potatoes and Savoy
Cabbage
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

FRIDAY 14th

**Daily Fresh Hot
Snacks and
Jacket Potatoes**
From £3.50 - £4.50

MAIN COURSE

Breaded Cod served with
Chips, Lemon, Handmade
Tartare Sauce and Mushy
Peas
£5.95

VEGETARIAN OPTION

Cauliflower Cheese served
with Chips and Salad
£5.95

**Choice of Freshly Made
Cake, Dessert Pot,
Yoghurt Pot or Fruit Pot**
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information
please speak to a member of the team.
Adults need around 2000kcal a day.

