

WEEKLY MENU

WEEK BEGINNING
21st September 2026



MONDAY 21st

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50-£4.50

MAIN COURSE

Chicken Provençal served with Baby Potatoes, Broccoli and Cauliflower
£5.95

VEGETARIAN OPTION

Spinach and Chickpea Curry served with Steamed Rice, Poppadoms and Mango Chutney
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

TUESDAY 22nd

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50-£4.50

MAIN COURSE

Lamb Moussaka served with Greek Salad and Warm Pitta Bread
£5.95

VEGETARIAN OPTION

Spanakopita served with Sauté Potatoes and Mixed Leaf Salad
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

WEDNESDAY 23rd

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50-£4.50

MAIN COURSE

BBQ Pulled Pork Bap served with Curly Fries and Coleslaw
£5.95

VEGETARIAN OPTION

Handmade Bean Burger in a Bap served with Curly Fries and Coleslaw
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

THURSDAY 24th

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50-£4.50

MAIN COURSE

Chilli Con Carne served with Steamed Rice, Tortilla Chips and Sour Cream
£5.95

VEGETARIAN OPTION

Broccoli and Mushroom Pasta Bake served with Garlic Bread, Green Beans and Parmesan Cheese
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

FRIDAY 25th

Daily Fresh Hot Snacks and Jacket Potatoes
From £3.50-£4.50

MAIN COURSE

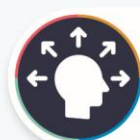
Breaded Scampi served with Chips, Lemon Wedge, Handmade Tartare Sauce and Garden Peas
£5.95

VEGETARIAN OPTION

Tomato and Basil Pizza served with Chips and Mixed Leaf Salad
£5.95

Choice of Freshly Made Cake, Dessert Pot, Yoghurt Pot or Fruit Pot
From £2.00

Café in the CIE open 8am - 4pm. With a range of sweet & savoury take away items.



For allergy and nutritional information please speak to a member of the team. Adults need around 2000kcal a day.

